

Drake WellbeingHub has been in operation since 1998, offering organisations across Australia and New Zealand with access to EAP and critical incident services.

We are committed to offering a more holistic, integrated and substantial wellbeing offering, designed to help people thrive.

Drake WellbeingHub also offers valuable ancillary wellbeing services that help organisations and their workers to achieve a state of complete wellbeing.

What makes Drake WellbeingHub different?

- **One-stop shop** - layers and layers of support across the employee life cycle, available to all customer organisations
- **Responsiveness, adaptable and flexible**
- **Tailored programs** for the needs of the organisation, including minority groups
- **Scale and coverage** without compromising on quality
- **Live data reporting** offered to all customer organisations

We're here to help.



Contact us:

📞 1300 135 600 (AU) | 0800 452 521 (NZ)

✉ intake@drakewellbeinghub.com.au

🌐 www.drakewellbeinghub.com.au

📱 via our Drake WellbeingHub app

Employee Assistance and Wellbeing Services

Helping People Thrive



How Drake WellbeingHub can help support me

Drake WellbeingHub is your Employee Assistance Program (EAP). It is a wellbeing partnership with your organisation that provides free and confidential counselling for any work or personal issues.

At Drake WellbeingHub, we recognise that overcoming the difficulties in life can feel stressful or isolating. Our dedicated counsellors are here to help and support you through any of life's challenges, 24 hours a day, 365 days a year.

Vision statement:

"Optimising workplace health and organisational performance through customised wellbeing initiatives."

Mission statement:

"To provide organisations with integrated, accessible, innovative and high quality health and wellbeing solutions, for all individuals and teams."

What Drake WellbeingHub can help with:

We can arrange support and guidance for a wide range of issues.

These issues may include:

- Depression, anxiety or stress
- Managing grief and loss
- Feeling overwhelmed by any demands or pressures
- Dealing with change or restructure
- Developing work-life balance
- Issues or conflict with a partner, friend, or colleague
- Career coaching, Nutritional and Legal counselling

To access your EAP simply call **AU 1300 135 600** or **NZ 0800 452 521** for a free and confidential discussion with a counsellor.



24/7 telephone support

1300 135 600 (AU)
0800 452 521 (NZ)



Who can access

Free to employees and their immediate family members.



Privacy

Privacy legislation protects your information being shared with anyone without your signed consent.



Confidential

Drake WellbeingHub is a confidential service. This confidentiality will be strictly maintained unless there is risk of harm to others or yourself.